

# The

# NOTEWORTHY

Fall 2022

Volume 33, No. 1

## Coach's Comments

And here we are, *still, still, still* dealing with COVID....

And because of that I will still have to separate each Coaching Session by 15 minutes in order to sanitize and ventilate the Studio. That means fewer, and later, sessions that I will be able to fit into the week. So if you've been thinking about whether or not to return this Fall – better think fast!

We had several new members join us this summer, for a total of 15(!) for the Summer Semester, and at least several more should be joining/rejoining us in September. If that's the case, I will be full! If two (or more) members are from the same household we can schedule a block time and actually overlap with computer activities (which may give me one or two more time slots). If you are not yet vaccinated, you will still have to wear your mask, except for when you are actually playing, and will still have to sit across the room from me. Those of you who are fully vaccinated will be returning to sitting next to me (at least for now – that may change if we have more members become ill, as there were three this summer), where I'll be able to easily and more quickly correct your playing (and I'll be able to see what you have, and haven't, marked in your music!).

Inside is all the details for registering for Semester I for September through January, culminating in the Recitals designed to help you prepare for school Solo & Ensemble Festivals. We'll still have the Winter Recitals – in person, even if at the City Hall again! Email or call me (and leave a message) by August 30<sup>th</sup> with your preferred

times (and any times you cannot come), and I will set up the schedule and let you know on August 31<sup>st</sup> or September 1<sup>st</sup> when you are to come. I will honor returning members requests first, then I will be able to give the new members their time and get them registered. I will do my best to reschedule you if you have a Monday time and will be gone on September 5<sup>th</sup> for the Labor Day holiday (and subsequent Monday holidays).

Your \$20.00 Materials Fee is due by August 30<sup>th</sup> if you want to mail or drop it off. If you'd prefer to pay all at once via bank account transfer or PayPal Invoicing or App with your September or Semester I (10% discount) Coaching Fee and any books you need to start with, let me know and I will bill you accordingly.

Remember, a second (or third!) family member – sibling, parent, grandparent(!) – may also register and receive a 30% discount. If you combine that with the 10% Semester payment discount, the second member is essentially getting 40% off – and that's a real bargain! Of course, we'll set up adjacent times if that's what you prefer.

Look at your schedule, now that you're getting back to school, check on any after-school activities you may want to be involved in, car pools, etc., and let me know when you prefer to come.

Adults, you're all set up already (so no need to read the next page) – unless you'd like to change your time!

See you soon!



## 2022-2023 REGISTRATION

The schedule for this year's registration will be as follows:

**Returning Member Registration:** On or before Tuesday, August 30<sup>th</sup>. The \$20.00 Materials Fee will be due at this time, and may be dropped off, mailed in, bank account transferred, or sent via PayPal (directly to the Studio email address, or via Invoicing if you don't have an account) beforehand or with the September or Semester I Coaching Fee.

**New Member Registration:** Wednesday, August 31<sup>st</sup>, on; via email or phone, with contract signing at your first Coaching Session. You are welcome to request your preferred time(s) prior to August 31<sup>st</sup>, but I will schedule in returning members first.

**Coaching Sessions Begin for First Semester:** Monday, September 5<sup>th</sup>; \$120.00/\$140.00, or the 10% discounted \$540.00/\$630.00 for the entire semester, Coaching Fee due. We'll do our best to reschedule if you are out of town on Monday for Labor Day.

ALL RETURNING MEMBERS (if you started in the summer, you are a returning member) will need to arrange for a Coaching Session time for at least the first part of the school year. Because of the need to continue sanitizing and ventilating between sessions, they will be spaced 15 minutes apart. Sessions will be offered Monday through Thursday, with starting times of 12:15, 1:30, 2:45, 4:00, 5:15, 6:30 & 7:45 pm; with Monday starting at the 4:00 time and Tuesday ending with the 5:15 time. Of course, those residing in the same household may attend a single, overlapping block together. Because my performing schedule is now very busy as I try to make up for last year, and some shows and concerts are still limited as to scheduling, there may be a reschedule or two for everyone, not just for those with times after 5:30 pm, as stated in the contract.

Please email or call me on or before Tuesday, August 30<sup>th</sup>, (leave me a message if necessary), and let me know your preferred time(s) for your Coaching Session and if there are times you absolutely cannot attend. I will get back in touch with you on Wednesday or Thursday, August 31<sup>st</sup> or September 1<sup>st</sup>,

and let you know your time for at least the start of Semester I. We can rearrange schedules as needed throughout the year as your school schedule changes.

The Coaching Fee of \$120.00/\$140.00 for September, or the 10% discounted fee of \$540.00/\$630.00 for the entire Semester, will be due at your first Coaching Session. (You may also pay \$120.00/\$140.00 for September and the remaining amount of \$450.00/\$525.00, 5% discounted, for the Semester in October). You may also need to purchase a new method book (or two) in September. In the confirmation email of your Coaching Session time I will include the total amount that will be due when you attend your first Coaching Session. And I will have reeds available at cost, if needed.

Again, members will need to email or call (sdmusicutah@gmail.com, 801-292-8707) with your request(s) for your new Coaching Session time on or before Tuesday, August 30<sup>th</sup>, and I will let you know your time on Wednesday or Thursday, August 31<sup>st</sup> or September 1<sup>st</sup>, and remember to arrange payment of your Materials Fee by Tuesday, August 30<sup>th</sup> to guarantee a place for you in the Studio.

IT'S NOT ABOUT  
BEING THE BEST

IT'S ABOUT  
BEING BETTER  
THAN YOU WERE  
YESTERDAY



# Media Center

Print, Digital and Internet Extras

*TonalEnergy Chromatic Tuner and Metronome App.* Tonal Energy, Inc. iPhone/iPad \$3.99. Android. \$1.99.

Features: Large colorful animated tuner on all three tuner screens. Bright flat/sharp indicators when tones are very out of tune. Indicators of note name, octave, cents offset, and frequency are seen on each page of the tuner. Instantly changes between equal, just and other custom temperaments, including user-defined ones. Metronome tempo controls up to 300bpm, with tap-tempo, six subdivision choices, 23 simple, compound, and duple/triple meters, and visual flash. Automatic or manual transposing options.

*Tunable Tuner, Metronome and Recorder App.* AffinityBlue. iPhone/iPad \$3.99. Android. \$3.99.

*Tunable* is a chromatic tuner, tone/chord generator, metronome, and recorder that helps you learn to play steadily, in tune, and on beat. Featuring a unique "tuning history" display for visualizing pitch over time, *Tunable* is the perfect toolkit for beginning to professional musicians. Learn to play in tune with sustained pitch history. Visualize how steadily you play or sing. As notes are held out, a white line draws how steady the pitch is. The straighter the line, the more consistent the pitch. Improve your ear with tone and chord generator. Keep tempo with an accurate and simple metronome. See the pulse with a visual metronome. View subdivision and current beat, with a large display and visual flash. Record your practice and performances. Add reverb for a professional sound. Share recordings through e-mail, SoundCloud, Dropbox, and more.

*ClearTune – Chromatic Tuner App.* Bitcount, Ltd. iPhone/iPad/Android. \$3.99.

ClearTune is a chromatic instrument tuner and pitch pipe that allows you to quickly and accurately tune your instrument using the built-in mic in your device. Features a unique "note wheel" interface allowing you to quickly find your pitch, paired with a highly responsive fine-tuning meter for the perfect tune. Includes support for custom temperaments, transposition, notations such as solfège, adjustable calibration and more. ClearTune can tune any instrument that can sustain a tone.

*Cortosia Good Sound Tuner App.* Korg. iPhone, iPad, iPod touch. iOS7. \$9.99.

Available for clarinet and saxophones (more coming). By evaluating five elements of good sound – pitch stability, dynamic stability, timbre stability, timbre richness, and attack clarity – users can see what aspects of tone they are lacking. Cortosia allows users to immediately achieve, record and communicate "good sounds" by analyzing these five elements in real time and scores them on a 100-point scales. Scores can be posted online to track progress, and sounds can be compared to other players. Also includes a metronome with tap tempo and a sound level meter.

## Parent's Column

*Reminders & Helps to Enhance Your Child's Musical Experience*

### Creating the Perfect Practice/Learning Session

1) **Have a dedicated practice location:** a quiet area away from distractions like the TV, pets, siblings; with good lighting, a straight chair, a sturdy music stand, and all the needed equipment and accessories.

2) **Figure out "the perfect practice time:"** the time of day when energy and alertness are at their peak – first thing in the morning, right after school, before/after dinner, just before bed – and practice consistently, ideally five or six days a week, at that time.

3) **Follow a plan:** use a set routine each time leading to the accomplishment of goals written in the Member Handbook; start with easy warm-up/review material, work on new/hard sections, then end with music "just for fun."

4) **Use the "10-minute" rule:** 10 minutes is better than nothing, and, once started on accomplishing outlined goals, it won't be just 10 minutes.

5) **Practice Deliberately:** not simply repeating the same thing over and over mindlessly, or just playing straight through from beginning to end on autopilot; but systematically and thoughtfully seeking solutions to specific problems, usually by slow, careful repetition of small sections, and analyzing the reasons and solutions for the mistakes being made.

#### 6) Essential Equipment:

- a) **a metronome and a tuner, or a combo, or an app:** always check long notes for pitch, and use the metronome to start slowly and gradually speed up.
- b) **a pencil:** for marking places that need additional work and the metronome tempo achieved during each session.
- c) **a recorder:** whether a portable digital recorder or a phone, essential to identifying what still needs work (it's hard to play and listen for mistakes and problems at the same time).

If the "perfect practice/learning session" can be achieved regularly for at least a month, you will be surprised how self-motivated and independent your child can become. They will develop their own good practice habits without being nagged about it.

In today's culture of immediate gratification, it's important that children have the tools to quickly improve so they don't become bored or frustrated to the point of choosing to quit. Practicing smart – not long – is a skill transferable to any subject in school, and a lifelong advantage.

Posted on 03/24/2015 at [www.musicparentsguide.com/2015/03/24/how-to-create-the-perfect-practice-session-for-your-child/#more-314](http://www.musicparentsguide.com/2015/03/24/how-to-create-the-perfect-practice-session-for-your-child/#more-314), by Anthony Marzzocchi, *The Music Parent's Guide; a Survival Kit for the New Music Parent*. Accessed 08/16/2022.